



1. WORKPLACES

GOAL: Workplaces in Otago role model good practice with respect to nutrition and physical activity

Action	Lead agency	Measures/ Indicators of success	Time Frame	Progress/Outcome
1.1.1 Otago HEHA Reference Group members commit to leading the development of a 'Healthy Workplace' Policy in their department or organisation	All	Implementation of NPA policies	2010	
1.1.2 A 'Walk the Talk' service is provided to assist HEHA stakeholder organisations to achieve good practice	Public Health South Sport Otago	Walk the Talk service implemented	2009	<i>Project underway, to date commitment has been gained from Otago Pacific Peoples Health Trust, CYFS, Work and Income Alexandra office, and Arai te Uru Whare Hauora.</i>
1.1.3 A Workplace Wellness programme is developed to assist organisations achieve this goal	Public Health South	Workplace Wellness programme commences	2009	<i>On hold due to human resource constraints, and awaiting outcomes of 1.1.2</i>
1.1.4 Develop a database of programmes and equipment that are available for 'healthy workplace' challenges	Otago DHB	Database completed	2008	<i>In progress, will be added to as information comes to light. Contact HEHA Manager for current information.</i>
1.1.5 Engage with the Chamber of Commerce to raise awareness and encourage involvement of related businesses	OHEHARG	Presentation to Chamber of Commerce	2009	
1.1.6 Vending machines in workplaces offer healthy options	OHEHACG	Number of venues involved	ongoing	<i>Otago DHB at 70% healthy options. Working with Moana pool currently.</i>
1.2.1 OHEHARG member organisations commit to making it easy for mothers to continue to breastfeed upon return to work	All	Breastfeeding included in all 'healthy workplace' policies	2010	
1.2.2 Ensure that creating a breastfeeding-friendly environment is an aspect of all workplace programmes	Public Health South Otago DHB	Breastfeeding included in all 'workplace wellness' programmes	ongoing	<i>See 1.1.3</i>



2. EDUCATION SETTINGS

GOAL: Schools and early childhood centres provide healthy environments for students

Action	Lead agency	Measures/ Indicators of success	Time Frame	Progress/Outcome
2.1.1 Development of local initiatives funded through Nutrition Fund (NF) grants	Otago DHB	60% of schools and 40% of ECCs in Otago receive funding . 75% of decile 1-5 schools receive funding	2009	<i>181 grants have been awarded across Otago to date, with 62% of schools and 35% of ECEs having received funding. 75% of decile 1-5 schools have received funding.</i>
2.1.2 Support implementation of the Food and Beverage Classification System in schools and ECCs	Otago DHB	Networks established for canteen managers and ECC cooks	2009	<i>Ongoing with Heart Foundation</i>
2.1.3 Approach Otago fruit growers regarding distribution of surplus fruit in season	OHEHACG		2009	
2.1.4 Established programmes are promoted and supported e.g. Active Schools, Active Movement, Healthy Heart Award, School Food Programme	Sport Otago Heart Foundation	Annual increase in % of primary and secondary schools and ECCs currently or previously involved in these programmes	Ongoing	
2.2.1 Only existing programmes are supported as part of this plan, and coordination of these programmes and the agencies providing them is strengthened	Otago DHB Sport Otago	Regular collaborative schools meetings	Ongoing	
		Development of a webpage listing schools and their current programmes		
2.3.1 Networks supporting HEHA related work are established e.g. <ul style="list-style-type: none"> canteen managers' network group early childhood centre cooks network group edible garden network group 	Otago DHB Heart Foundation	Workshop numbers, attendance, and evaluation	2008	<i>To date two rounds of canteen managers' network meetings have been held with two-thirds of canteens represented. Two edible garden workshops have been held, involving 47 schools. A series of 3 seminars has been held for ECE staff with the Heart Foundation and Public Health South.</i>



3. HEALTH SERVICES

GOAL: Health service environments are consistent with their messages

Action	Lead agency	Measures/ Indicators of success	Time Frame	Progress/Outcome
3.1.1 Health care settings (including Primary Health Organisations and Rural Trusts) develop Nutrition and Physical Activity policies	Health care settings, Otago DHB, Public Health South		2010	<i>Otago DHB's Nutrition & Physical Activity was launched in October 2008</i>
3.1.2 Support maternity facilities to maintain Baby Friendly Hospital Initiative (BFHI) accreditation	Otago DHB	Accreditation to BFHI or Baby Friendly Community Initiative as relevant		<i>Four maternity facilities in Otago which quality for BHFH are currently accredited</i>
3.2.1 Host a Nutrition and Physical Activity Study Day for health professionals and the HEHA sector	Otago DHB	Course evaluation	Annual	
3.2.2 Support for Maori workforce professional development e.g. Te Hotu Manawa Maori Nutrition and Physical Activity training made available in Otago	Otago DHB		2009/10	<i>One Otago resident is participating in the Te Hotu Manawa Māori training course in Invercargill.</i>



4. COMMUNITY

GOAL: All Otago residents are able to achieve active, healthy, enjoyable lifestyles

Action	Lead agency	Measures/ Indicators of success	Time Frame	Progress/Outcome
4.1.1 Support the implementation of the: - Dunedin City Physical Activity Strategy (PAS) - Clutha PAS - Waitaki District PAS - Central Otago PAS	All	Completion of actions and KPIs identified in the strategy	2010	
4.2.1 - administer HEHA Maori Community Action Funding grants to support these projects - support communities to access Feeding our Futures grants	Otago DHB (Preferred provider)	As per contract with preferred provider	Ongoing	<i>Currently negotiating contract with preferred provider obtained through open tender. Provider to be announced 1 July.</i>
4.3.1 Review and make submissions on Annual Plans , Long Term Council Community Plans and other relevant strategic documents	OHEHACG		Ongoing	
4.3.2 Promote all opportunities for active transport e.g. car-free days, Bike Wise, public transport strategies, workplace wellness programmes	All		Ongoing	
4.4.1 Implement the Otago Breastfeeding Action Plan	Otago DHB		July 2010	<i>Plan for 09/10 now in action</i>
4.5.1 Identify the options for creating a comprehensive Otago website	Dunedin City Council		2010	<i>On hold until further clarification of support from SPARC</i>
4.5.2 The Otago HEHA Coordination Group South Dunedin project	OHEHACG	Holding a healthy breakfast promotion for families	July 2009	<i>To be held during school holidays in September.</i>
4.5.3 The Green Prescription and Active Families programmes are promoted and supported	Sport Otago	Organisational targets achieved	July 2009	
4.6.1 Publicly accessible vending machines offer healthy options	OHEHACG	Number of organisations targeted	July 2009	